

National Federation of State
High School Associations



Publisher's Note: The National Federation of State High School Associations is the only source of official high school interpretations. They do not set aside nor modify any rule. They are made and published by the NFHS in response to situations presented.

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Corrections to Rules Book: pg. 11, 2-3-1e delete "nonplayer" and replace with "non-team member"; pg. 13, 3-2-1 delete "minimum" and replace with "maximum"; pg. 52, Points of Emphasis – Concussions delete Appendix "A" and replace with Appendix "B"; pg. 62, No. 6 "Hand of outstretched arm 'on the' side..."

Corrections to Case Book and Manual: pg. 19, Situation 6.1.2 should be 6.2.2; pg. 26, Situation 8.2 should be 8.2.5

Corrections to Preseason Guide: none.

SITUATION 1: The referees arrive on site and the competition volleyball is identified by the host school. It is a two-colored volleyball consisting of half of the panels being green and half of the panels being white and displaying the NFHS Authenticating Mark. **RULING:** Legal. At least one-third of the panels are white and no more than three colors appear on the ball. (3-2-1)

SITUATION 2: No. 14 on Team A is wearing a knee brace with its manufactured padding. The R1 believes the brace should have additional padding of a specified thickness by rule. **RULING:** Incorrect procedure. **COMMENT:** With improvement in braces and padding, it is no longer necessary to require additional padding to that as originally provided by the manufacturer. (4-1-1, 2, 3 and 4)

SITUATION 3: A student is in need of wearing an insulin pump. The coach provides a request to the state association to confirm that this medical appliance may be worn during competition and requests a letter of authorization. **RULING:** Correct procedure. **COMMENT:** The NFHS provides a position statement, as developed by the NFHS Sports Medicine Advisory Committee, on the wearing of various medical appliances which may serve as a guide to state associations. Each state association may develop its own procedures to address requests for special accommodations. (4-1-8)

**NFHS STATEMENT ON
MEDICAL APPLIANCE**
Sports Medicine Advisory Committee (SMAC)

"When it is necessary for an athlete to wear a medical appliance (such as an insulin pump) during athletic competitions, the device shall be padded and securely attached to the player's body underneath the uniform. Devices attached to the head (such as hearing aids and cochlear implants) do not need to be padded, but shall be firmly secured to the body. No medical appliance should pose a risk of injury to others. It is recommended that the athlete notify the official of the presence of the medical appliance prior to a contest."

SITUATION 4: The head coach from Team A submits his/her lineup on time, two minutes prior to the end of the timed prematch warm-ups. At the 1:50 mark, a substitute is requested. Just prior to the R2 checking the lineup for Team A, a second substitute reports to the substitution zone for a second substitution. **RULING:** Improper procedure and second substitution is not permitted. Each team is permitted one request for substitution, which could involve multiple subs. Even though the substitution is before the start of the set, all substitutes should report at the same time with one request. (10-1-3, 4)

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